

Northern Marianas College

CURRICULUM ACTION REQUEST

Effective Semester / Session: Fall 2020

Type of Action:


- New
- Modification
- Move to Inactive (Stop Out)
- Cancellation

Course Alpha and Number: NU207

Course Title: Medical-Surgical Nursing II

Reason for initiating, revising, or canceling:

This course guide is being updated to reflect changes to the textbook, decrease in contact hours to a 5-credit course to maintain consistency with each medical-surgical nursing course, course activities, method of evaluation, course outline, instructional goals, student learning outcomes (SLOs), and assessment measures of SLOs.


 Rosa T. Aldan 6/3/2020


Proposer Date


 Rosa T. Aldan 6/03/2020

Department Chair Date


 Adam Walsh 05.23.20

Language & Format Review Specialist Date


 Ajani Burrell 5.29.2020

Academic Council Chair Date


 Charlotte Cepedal 6/3/2020

Dean of Learning & Student Success Date

Course: NU207 Medical-Surgical Nursing II

1. Department
Nursing

2. Purpose

The purpose of this course is to assist students to integrate facts and principles in the care of the client in relation to biological, cultural, and spiritual functioning of the medical-surgical client, including the client experiencing mental health and/or psychiatric disorders. The use of the nursing process will address the delivery of care on an intermediate nursing level. The target population is students in the third semester of the four-semester Associate of Science Degree in Nursing (ASN) program in which this course is a requirement. Upon completion of the ASN program and after passing the nursing licensure examination, nursing graduates will be prepared to occupy Registered Nurse (RN) positions in the Commonwealth of the Northern Mariana Islands (CNMI).

3. Description

A. Required/Recommended Textbook(s) and Related Materials

Required:

LeMone, P., Burke, K., & Bauldoff, G. (2014). *Medical-Surgical Nursing, Critical Reasoning in Patient Care* (6th ed.) Upper Saddle River, NJ: Pearson Education, Inc.

Townsend, M.C., & Morgan, K.I. (2016). *Essentials of Psychiatric Mental Health Nursing* (7th ed.). Philadelphia, PA: F.A. David Company.

Recommended:

Billings, D. M., & Hensel, D. (2014). *Lippincott's Q&A Review for NCLEX-RN* (11th ed.). Philadelphia, PA: Wolters Kluwer Health/Lippincott Williams & Wilkins.

Gulanick, Meg, Myers, J. L. & et al. (2016). *Nursing Care Plans: Diagnoses, Interventions, and Outcomes* (9th ed.). St. Louis, MO: Mosby.

Irwin, B. J., & Burckhard, J. A. (2015) *Kaplan NCLEX-RN Review Book* (2015-2016 ed.). New York, NY: Kaplan, Inc.

Jarvis, C. (2019). *Physical Examination & Health Assessment* (8th ed.). St. Louis, MO: Saunders, Elsevier, Inc.

Jarvis, C. (2019). *Physical Examination & Health Assessment Student Laboratory Manual* (8th ed.). St. Louis, MO: Saunders, Elsevier, Inc.

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Lynn, P. (2014). *Skills Checklists for Taylor's Clinical Nursing Skills* (4th ed.). Philadelphia, PA: Wolters Kluwer/Lippincott & Wilkins.

Lynn, P. (2014). *Taylor's Clinical Nursing Skills: A Nursing Process Approach* (4th ed.). Philadelphia, PA: Wolters Kluwer/Lippincott & Wilkins.

Pagana, K. D., & Pagana, T. J. (2017). *Mosby's Manual of Diagnostic and Laboratory Tests* (6th ed.). St. Louis, MO: Mosby, Elsevier, Inc.

Perry, S. E., Hockenberry, M. J., Lowdermilk, D. L., Wilson, D., Alden, K. R., & Mary C. Cashion, M. C. (2017). *Maternal Child Nursing Care*, (6th ed.). St. Louis, MO: Mosby.

Silvestri, L. A. (2016). *Saunders's Comprehensive Review for the NCLEX-RN Examination* (7th ed.). St. Louis, MO: Saunders/Elsevier, Inc.

Toole, M. T. (2016). *Mosby's Dictionary of Medicine, Nursing & Health* (10th ed.). St. Louis, MO: Mosby.

Vallerand, A. H., Sanoski, C. A. (2018). *Davis's Drug Guide for Nurses* (16th ed.). Philadelphia, PA: F.A. Davis Company.

B. Contact Hours

1. **Lecture:** 2 per week / 30 per semester
2. **Lab:** Skills Lab/Clinical: 6 per week / 90 per semester
3. **Other:** N/A

C. Credits

1. **Number:** 5
2. **Type:** Regular Degree Credit

D. Catalogue Course Description

This course introduces the theory and clinical concepts of caring for clients throughout their lifespan. This course utilizes the nursing process to assist medical-surgical clients requiring maximal adaptation to meet basic physiological and psychosocial needs. This course provides a brief review of basic client care skills and explores more complex ones. Once these skills are demonstrated satisfactory in lab, the student will be able to apply these skills in the clinical setting. Prerequisites: A "C" grade or higher in NU 107, and NU 203 or approval of the Nursing Department Chair. (Offered Fall)

E. Degree or Certificate Requirements Met by Course

This course fulfills a requirement for the Associate of Science in Nursing degree.

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F. Course Activities and Design

The course activities include lectures, discussions, group activities, computerized learning programs, Internet resources, audiovisual programs, skills practice and return demonstration of skills in skills lab, small-scale simulation lab, written assignments, individual and/or group presentations. Guest speakers will be invited as scheduling permits. The instructor will use relevant clinical examples to illustrate key concepts to facilitate the student's understanding. Case studies will be used to help students apply knowledge and anticipate decisions they will be making in clinical practice. The student will be expected to obtain client information and thoroughly prepare for the clinical experience prior to caring for assigned patient or client. The students will be expected to write Nursing Care Plans (NCP) on clients they are assigned to care for in the clinical setting.

4. Course Prerequisite(s); Concurrent Course Enrollment

Prerequisites: A "C" grade or higher in NU107 and NU203 or approval from the Nursing Department Chair.

Concurrent Course Enrollment: None

Required English/Mathematics Proficiency Level(s)

English Placement Level: EN202

Mathematics Placement Level: MA161

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 5-credit course, textbooks, course fee, BLS/CPR fee, student activities fee, physical exam, uniforms, required clinical equipment, and supplies.

Cost to the College: Instructor's salary; mileage reimbursement for full-time instructors during clinical; BLS/CPR certification/renewal fee. Lead Course Instructor – gets 3 credits for coordination and preparation of student's clinical experience. Nursing instructor(s) assigned to supervision of nursing students in the clinical site gets 1 credit per student. Commonwealth Healthcare Corporation (CHCC) policy for instructor to student ratio is 1:10. Nursing Department has to abide by this policy for patient safety. Patient safety is a priority. Mileage reimbursement for full-time instructors will be given during scheduled clinical days.

Instructional resources needed for this course include: skills lab mannequins, skills lab equipment and supplies, skills videos, TV/TV Screen, CD-ROM, computer software programs, overhead projector, whiteboard and markers, NMC Internet access, copier machine, printer paper, and toner.

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6. Method of Evaluation

Students will be evaluated based on quizzes, unit tests, final exam, written assignments, individual or group presentations, completion of assigned case studies, skills return demonstrations without assistance in skills lab, completion of clinical papers, including written Nursing Care Plan (NCP) on assigned patient or client prior to providing care, and clinical performance evaluation on communication skills, basic patient/client care skills, patient safety, and professionalism.

The Nursing Department utilizes the following grading scale to assign letter grades to grade percentages:

- A: 92-100%
- B: 84-91%
- C: 75-83%
- D: 60-74%
- F: 00-59%

This nursing course has a clinical component. Student grades will also be based on these grade percentages. The student must pass both the clinical and theory with 75% or higher in order to pass the course.

The NMC Nursing Department grading scale and NMC attendance policies will be followed.

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7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Introduction to Psychiatric Mental Health Concepts
- 2.0 Psychiatric Mental Health Nursing Interventions
- 3.0 Care of Clients with Psychiatric Disorders
- 4.0 Psychiatric Mental Health Nursing of Special Populations
- 5.0 Nursing Care of Patients with Cancer
- 6.0 Assessment of the Renal System
- 7.0 Nursing Care of Patients with Urinary Tract Disorders

8. Instructional Goals

The course will introduce students to:

- 1.0 Mental health and mental illness, the biological implications, ethical and legal issues, psychopharmacology, and cultural and spiritual concepts relevant to psychiatric mental health nursing;
- 2.0 Relationship development and therapeutic communication, the nursing process in psychiatric mental health nursing, milieu therapy, intervention in groups, crisis intervention, the recovery model, and suicide prevention;
- 3.0 Various psychiatric disorders including neurocognitive disorders, substance use and addictive disorders, schizophrenia and other psychotic disorders, depressive disorders, bipolar and related disorders, anxiety, obsessive-compulsive and related disorders, trauma and stress related disorders, somatic symptom and dissociative disorders, issues related to human sexuality and gender dysphoria, eating disorders, and personality disorders;
- 4.0 Psychiatric mental health nursing in special populations that include children and adolescents, the aging individual, survivors of abuse or neglect, community mental health nursing, the bereaved, and military families;
- 5.0 Physical and psychological effects of cancer on the patient and families, the pivotal role of nurses in providing quality patient-centered individualized care for patients with cancer, including the management of cancer-related and treatment-related symptoms;
- 6.0 Assessing the renal system, including the kidneys, ureters, urinary bladder, urethra, and how it plays a critical role in maintaining homeostasis of the body; and
- 7.0 Populations at risk for common urinary tract disorders, the pathophysiology of the disorders, nursing implications of medications and treatments, and invasive and surgical procedures used in treating urinary tract disorders.

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9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1.0 Define mental health and mental illness;
- 2.0 Describe some of the biological implications, ethical and legal issues, psychopharmacology, and cultural and spiritual aspects relevant to psychiatric mental health nursing;
- 3.0 List the various psychiatric mental health nursing interventions and incorporate in the care plan for patients with mental health illness, when appropriate;
- 4.0 Explain the various psychiatric or mental health disorders to include diagnosis, predisposing factors, symptoms, treatment, and follow up care;
- 5.0 Discuss the physical and psychosocial effects of cancer on patients and families;
- 6.0 Describe the anatomy, physiology, and functions of the renal system;
- 8.0 Identify populations at risk for common urinary tract disorders; and
- 9.0 Explain the pathophysiology and treatments for common urinary tract disorders.

10. Assessment Measures of Student Learning Outcomes

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Quizzes;
- 2.0 Unit Tests;
- 3.0 Final Exam;
- 4.0 Written Assignments;
- 5.0 Skills Return Demonstrations Evaluation on Basic Patient/Client Care Skills; and
- 6.0 Clinical Performance Evaluation on Communication Skills, Basic Patient/Client Care Skills, Patient Safety, and Professionalism.